

Your honor,

I want to start by thanking you for knowing something was wrong and allowing me to receive treatment. My actions were not showing you the kind of person I am. This past year has changed my world. I have 3 kids living with me all because right choice by right choice and little by little I was given the tools to survive. I had a internal struggle with mental health and I was in a dangerous situation a year ago. Today I have a year clean. Thank you for allowing me treatment. I think that Dream Report was perfect for my family. We don't get what we really want and think is best. I tried really hard to face my mental illnesses. I took time away from drugs to actually be able to see my symptoms and what was going wrong. I've enjoyed all my probation officers Jennifer Vanhook was a huge encouragement and a force of good. I needed to be accountable to her and have her to help me. She is incredible to know & her knowledge is so useful. I also had the pleasure working with Linda while I was in treatment and I always felt like I had people who believed in me. Thank you for that it made a total difference in my ability to learn total honesty. I am a new woman today. A strong single mom of the most incredible kids. I've been building trust with my pre-teens. I've shown them that sometimes illnesses you can't see but their still treatable and that they can love me even though I am going to prison. I'm proud of my past year today I am a responsible, productive mom. Every day I do my best because its what my heart wants.

DATE:

TOPIC:

Questions:

Ideas:

Action:

Transfer to your planner!

Gods Grace is what allowed me to Forgive myself and rebuild my character. I do things with intent for good. I Follow rules even when no one is watching. Everyday I use to the best I can. I use my counseling resources and Dr's advice to keep my mental illness manageable. I use every tool I've been learning. My Future is bright and I think Gods going to use me and my testimony to help others. I can show others his love through my love. I respect laws and apologize for all the caious I've caused. I am a totally different person today, thanks for beleiving in me.

DATE:

TOPIC:

Questions:

Ideas:

Thank you

Melina Godsey

Action:

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